

SAMPLE MONTHLY CURRICULUM

MONTH 1

- Orientation
- Assessment activities
 - Review 360 appraisal, and analyze communication, management and conflict resolution styles
- Sharing your journey
- Understanding your values
- Bonding and building trust through humor
- Assessment score card

MONTH 2

- Intro to leadership theory
- Managing vs leading
- Personal leadership philosophy
- Professional and personal wellness
- Soul tending

MONTH 3

- Interpersonal communication
- Effective dialogue
- Perception and behavior
- Active listening
- Critical conversations
- Giving and receiving feedback

Group interaction and role-playing

*One-on-one coaching sessions

MONTH 4

- Decision-making dynamics
- Problem solving styles and methods
- Conflict resolution
- Emotional intelligence

Group interaction and role-playing

MONTH 5

- Employee engagement
- Dealing with differences
- Glass ceiling
- Gender issues and challenges of diversity
- Strategies and tools
- Effective rewards and recognition

*Introduction of Leadership Laboratory

MONTH 6

- Creating effective networks, successful teams and strategic alliances
- Building trust
- Investing in the success of others

*One-on-one coaching sessions

MONTH 7

- Vision, mission and alignment
- Purposeful, goal-directed action in the workplace
- Best practices in managing organizational systems

*Panel discussion

MONTH 8

- Bi-culturalism and navigating organizational politics
- Leading and navigating organizational change

MONTH 9

- Financial Basics
 - † ROI mastery
 - † Life-cycle costs

- Technology Update

*360 response and score card

*One-on-one coaching session

*Presentation of Leadership Laboratory

MONTH 10

- Leading through influence
- Becoming effective board members